

# Do you want to be made whole?

How ready is an individual for healing? Sometimes individuals want to be without the sexual vice but only because of the negative consequences the vice brings them or because they know they should be without it. Jesus asked the cripple at the pool of Bethesda, “*Wilt thou be made whole?*” (*John 5:6*) This was not a trite insignificant question. Healing was tied to his “wanting.” Though not the only determination of complete healing, the “wanting” is a critical component if steps toward overcoming are to be made. The below questions are meant to help ascertain an individual’s motivation for healing.

Answer the following questions on a scale from 1 to 10:

1. How ready are you to tackle your sexual purity issue with whatever it takes and for however long it takes? (1 = not ready, 10 = very ready)

1      2      3      4      5      6      7      8      9      10

2. How much hope do you have in change? (1 = no hope, 10 = full and certain hope)

1      2      3      4      5      6      7      8      9      10

3. To what degree are you afraid of life without this sexual vice? (1 = very afraid, 10 = not at all afraid)

1      2      3      4      5      6      7      8      9      10

4. Do you want to be made whole? (1 = not at all, 10 = absolutely yes)

1      2      3      4      5      6      7      8      9      10