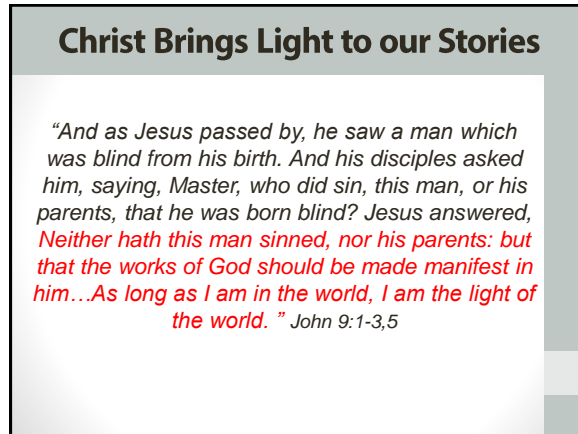




**MENTOR WEBINAR**  
**Lies We Tell Ourselves**

Apostolic Christian Counseling & Family Services  
 877-370-9988 www.accounseling.org info@accounseling.org

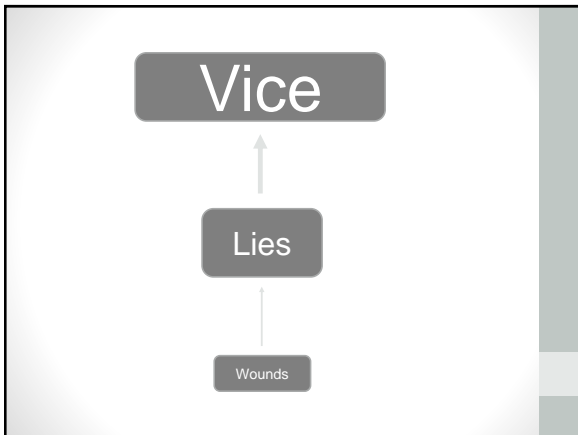
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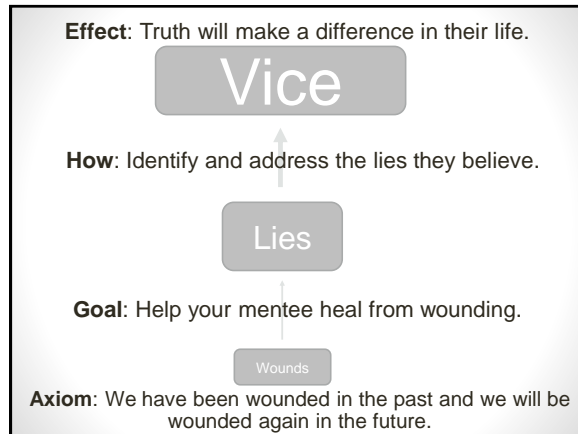
**Christ Brings Light to our Stories**

*“And as Jesus passed by, he saw a man which was blind from his birth. And his disciples asked him, saying, Master, who did sin, this man, or his parents, that he was born blind? Jesus answered, Neither hath this man sinned, nor his parents: but that the works of God should be made manifest in him...As long as I am in the world, I am the light of the world.” John 9:1-3,5*

2



3



**Effect:** Truth will make a difference in their life.

**Vice**

**How:** Identify and address the lies they believe.

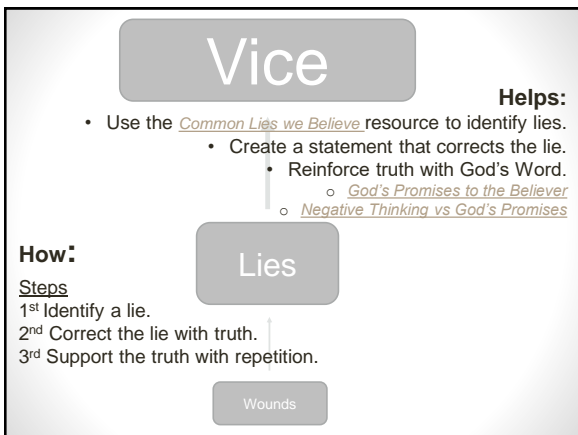
**Lies**

**Goal:** Help your mentee heal from wounding.

**Wounds**

**Axiom:** We have been wounded in the past and we will be wounded again in the future.

4



**Vice**

**Helps:**

- Use the [Common Lies we Believe](#) resource to identify lies.
  - Create a statement that corrects the lie.
    - Reinforce truth with God's Word.
      - [God's Promises to the Believer](#)
      - [Negative Thinking vs God's Promises](#)

**How:**

**Steps**

- 1<sup>st</sup> Identify a lie.
- 2<sup>nd</sup> Correct the lie with truth.
- 3<sup>rd</sup> Support the truth with repetition.

**Lies**

**Wounds**

5