

Additional Resources For Parenting

The following are a list of resources that may be helpful for parents as they raise their child(ren). More information on parenting articles and resources can be found at www.accounseling.org/parenting.

ACCFs HANDOUTS

Shaping Your Teen's Character

Comments: This article will briefly highlight understanding teen development, talking with your teen, the role of boundaries, what teens want from parents, managing out of control teens, preparing teens for launch, and grace/truth basics.

Tragedy and Suffering

Comments: This paper will focus on viewing the pain we experience through a biblical lens. While true, the biblical insights that will be reviewed do not remove the pain that accompanies tragedy. Instead, the truths covered can help to put suffering into a larger context.

Defending the Christian Faith - Why It Is Important and Helpful

Comments: The aim and purpose of this document is to highlight the importance of defending biblical truth and to point the reader to helpful resources.

Spiritual Growth Chart

Comments: The charts in this handout are from the book *Parent's Guide to the Spiritual Growth of Children*. The information in these charts will help equip parents in leading their children toward a biblical understanding of God, the need for a relationship with God, and living in accordance to the Word.

25 Ways to Provoke Anger in Children

Comments: The context of this article will encourage parents to examine themselves first in how they can avoid provoking their children to anger (*Col. 3:21*).

Understanding Attachment

Comments: Parents are to help their children develop an accurate view of who God is and how He interacts with His people. This article will help equip parents with the understanding of different attachment styles their children may have and/or develop.

How and When to Tell Your Kids about Sex

Comments: This cover letter is provided to give an overview of this book series and explains how parents can use it as they teach their children about God's design for sexuality. We acknowledge that this topic can be sensitive and, sometimes, anxiety-provoking for parents. We also want to affirm that there are few topics today as important for parents to be teaching the truth to their children.

Family Shield of Faith

Comments: A shield for families to complete together illustrating their strengths, statues, and their family's scripture verse.

Making Your Marriage a Priority in Different Seasons of Parenting

Comments: This article provides parents with tips on how to stay connected with each other through the different seasons of parenting.

Additional Resources For Parenting

[Parenting Discussion Aids](#)

Comments: These discussion aids are intended to build conversation around core issues common to parents. They are designed to be used in a small group setting as a way to seek truth and dispel myths from Satan and our society.

[Little Ways to Improve Your Marriage](#)

Comments: You are very likely to communicate deep feelings for your spouse if you make a habit of doing the same five things consistently. This article provides those habits for each husband and wife.

[Parenting with a Purpose Packet](#)

Comments: The “Parenting with a Purpose” material brings together biblical principles on parenting in an effort to help provide structure and guidance to the journey of parenting. This material is not a formula that will lead to perfect children. Instead, this material is meant to help lay out basic biblical principles on parenting given in the Word of God.

BOOKS

God’s Design for Sex- Series

Authors: Brenna Jones, Stan Jones

[How and When to Tell Your Kids About Sex](#)

This 272-page book will help you establish a biblical view of sexuality for your kids. Learn how and when to talk with your children about sexual curiosity, physical changes of puberty, dating, chastity, and more.

[The Story of Me](#)- for ages 3-5 (Book 1)

This 48-page book explains to young children the marvelous body God gave them.

[Before I Was Born](#)- for Ages 5-8 (Book 2)

This 40-page book explains in age-appropriate language the basic nature of sexual intercourse between a husband and wife and discusses conception, fetal development, childbirth, and breastfeeding.

[What’s the Big Deal](#) - for Ages 8-11 (Book 3)

This 96-page book helps kids find answers to their questions about sex. It explains the basic facts about sex, why God made adults so they want to have sex, what God says about sex in the Bible, and how to respond when faced with sexual pressure from peers, TV, movies, and magazines.

[Facing the Facts](#) - for Ages 11-14 (Book 4)

This 128-page book equips kids to understand and deal with changes of puberty. It also examines why God intends sex for marriage, discusses love and dating, and answers tough questions about sexuality.

[God Made All of Me](#)

Description: This book is a simply-told, beautifully-illustrated story to help families talk about these sensitive issues with two- to eight-year-old children. Because the private parts of our bodies are private, the home is the ideal environment where a child should learn about his or her body and how it should be treated by others.

[Parenting IVP Bible Study](#)

Description: Topics included in this study: A “God’s Eye View” of Our Children, A Firm Family Foundation, Demonstrating God’s Love, Training Our Children in God’s Ways, The Seasons of Parenting, Godly Discipline in the Home, God Through Our Children’s Eyes, Coping with the “Lost” Child, and Creating a Legacy for Our Children. (www.acpublications.org)