

DEVELOPING THE SPIRITUAL UNION WORKSHOP

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God's Image in Marriage

The Trinity

- Oneness:** Father, Son and Holy Ghost are all equally God; one essence, one purpose.
- Order:** Father, Son, Holy Spirit.

Marriage

- Oneness:** all equally human, important; created in God's image, one in the marriage bond, one purpose.
- Order:** Christ, Man, Woman.

Ingredients of Spiritual Union



Ingredients: Prioritize the Big

	URGENT	NOT URGENT
IMPORTANT	<u>I (MANAGE)</u> <ul style="list-style-type: none"> Crisis, Emergencies Deadline-driven projects Last-minute preparation for scheduled projects 	<u>II (FOCUS)</u> <ul style="list-style-type: none"> Preparation / Planning Time with God Values Clarification Exercise Relationship-building
NOT IMPORTANT	<u>III (AVOID)</u> <ul style="list-style-type: none"> Interruptions, some calls Some mail / reports Some meetings Many "pressing" matters 	<u>IV (TRIVIAL)</u> <ul style="list-style-type: none"> Trivial busywork Junk mail Time wasters Escape activities Some phone / email messages

Source: Stephen Covey, 7 Habits of Highly Effective People

PERSONAL / COUPLE REFLECTION QUESTIONS

As a couple, reflect on your workshop experience. If you were to focus on strengthening one "ingredient" as a couple / family, which one would it be? What are practical ways you could strengthen this part of your spiritual connection?