

BUILDING UP MARRIAGES

Apostolic Christian Counseling And Family Services
877-370-9988 – www.accounseling.org



Outline

- The Need
- The Opportunity
- Resources

Question

What do you think of when you think of marriage mentoring?

The Need for Relationships



As intentionality and trust increase, relationships progress in depth.

Romans 12:5 "...we are members one of another."

Our Opportunity to Walk Together

- Our marriages are to reflect the Gospel to others.
- The reality is marriage exposes our health in many ways.
- We can all use help processing through this exposure.
- This help doesn't have to be profound but simply Spirit-filled.



Model of Mentoring



Question

What is the #1 lesson you have learned in marriage?

Practical Help to Offer

- Spend time together with the couple. Model life together.
- Ask questions.
- Push toward skills.
 - "How" vs. "Why"
- Know when you need to involve others.
- Think preventative maintenance.



One Lens to View Marriages

EMOTIONAL INTIMACY

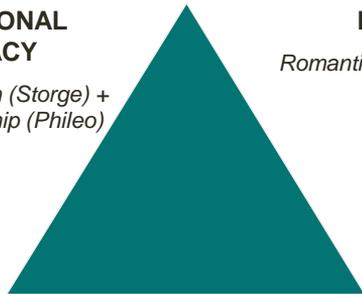
Affection (Storge) + Friendship (Phileo)

PASSION

Romantic & Sexual love (Eros)

COMMITMENT

Christ-like, self-sacrificial love (Agape)



Question

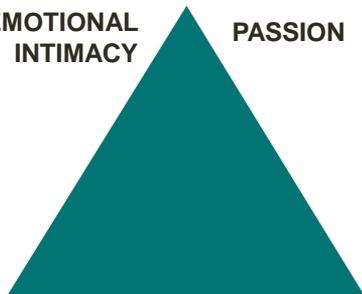
What side of the triangle do you think most typical AC marriages struggle with?

What Questions can you ask for each side of the Triangle?

EMOTIONAL INTIMACY

PASSION

COMMITMENT



Resources

- www.accounseling.org/buildingupmarriages - Webpage hosting a series of resources which couples can use as they encourage and mentor other couples.
- **Marriage Discussion Aids** – Series of twelve lessons each including a short scripture passage and discussion questions. They are good for either a group setting or for couples to share with each other.
- **Keys to a Healthy Marriage** – Ten lesson bible study which includes teaching text, questions for discussion, and an activity for each lesson to encourage application.