Questions:

1. What is the difference between a temptation and a trial? How are they similar?

2. What is a sexual temptation you battle with?

3. Do you feel like you are close to God when you are in temptation?

4. After you indulge in sin, do you ever have the thought, “since I failed and am far from God, I may as well continue to sin”?

5. Do you wonder why you have a weakness for sexual temptation?

6. The attraction we have for sin can be called “tension”. Do you want the tension to go away?

7. What is meant by the phrase, “worship with your feet?”
Consider:

1. Describe a situation whereby you experienced tension.

2. Do you believe the existence of tension could be a spring board to worship?

3. How would the scenario play out in such a way that it would glorify God?

4. Can you see how God might want to redeem your weaknesses without taking away the tension?

5. Suppose you sin. Do you see the turning from sin, in that moment, to be worship?

Challenge:

1. Don’t look at tension as a problem that needs to be necessarily solved (absence of tension).

2. When you feel the tension, you have an opportunity to worship God in that moment. The tension actually is a blessing.

For our next meeting:

1. Keep a tally of the number of times you worshiped God by turning to Him in the midst of tension.