RADICAL AMPUTATION

1. Consider what triggers you to sin and through what venue you indulge.

2. Is it profitable? Consider what you will gain in exchange for the loss.

3. Expect an inconvenience.

4. Realize behavior adjustment is not all we desire. Reformation of the heart is our goal.
Amputation

Questions:

1. What triggers arouse sexual desire in you?

2. Through what venues do you act on those desires?

Consider:

1. What can be amputated so this venue is not easily accessed?

2. If you amputated, what inconveniences would result?

3. Consider the blessing of not falling into sexual sin through this venue (list them). Are the gains worth the inconvenience?

Challenge:

1. Select something in your life to amputate.

For our next meeting:

1. Report on the status of your amputation. What was good? What was bad?