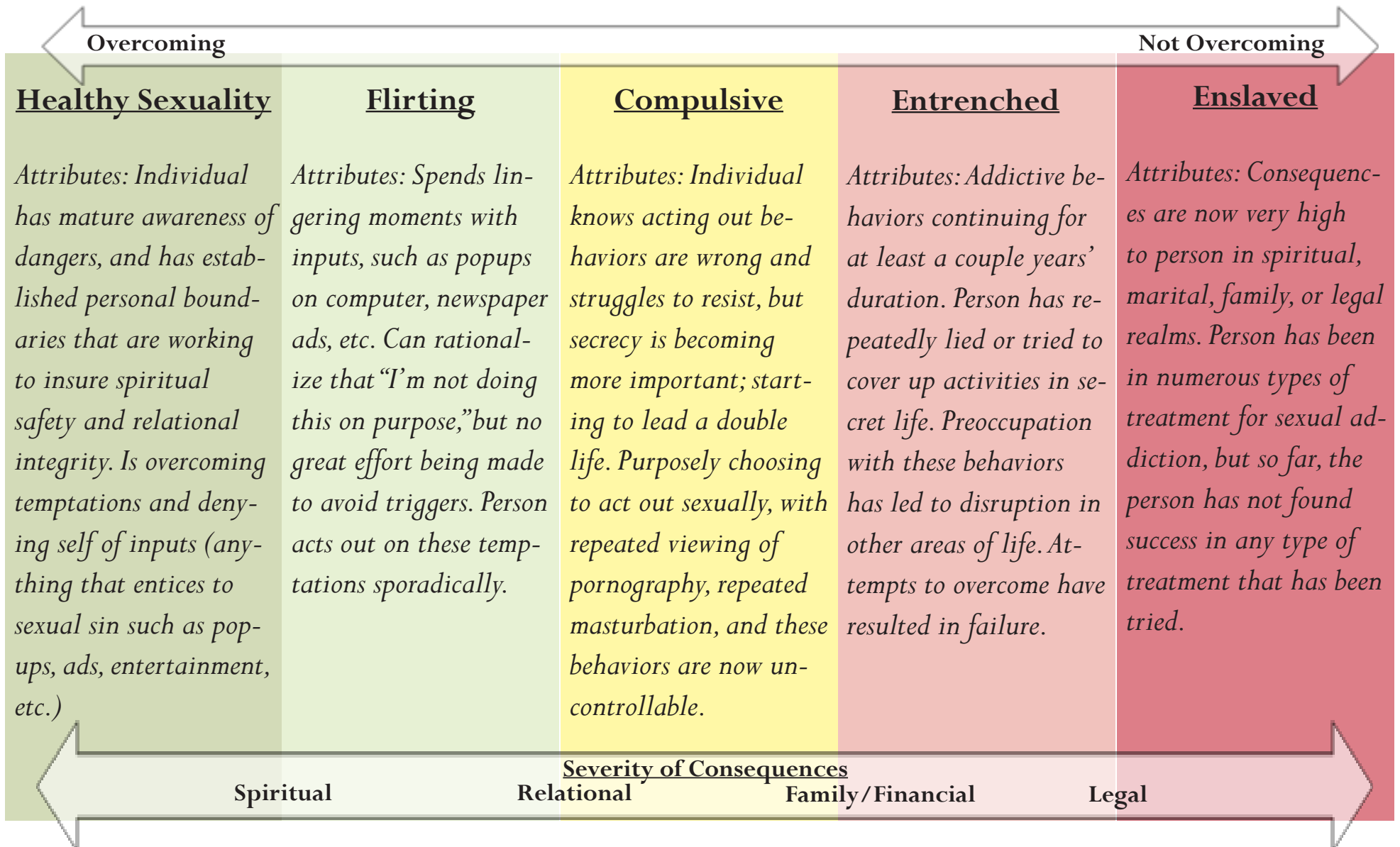


Sexual Purity Helps

Directions: Knowing the severity level of the sexual sin being dealt with and what interventions to put in place provides a great deal of hope and help. The content below casts a vision for generalized definitions of severity levels of sexual sin. The opposite page provides a list of interventions of various teaching modalities which can be employed in the context of each severity level. All resources can be found on our website at www.accounseling.org/sexuality.



Sexual Purity Helps

Type of Help:	<u>Healthy Sexuality</u>	<u>Flirting</u>	<u>Compulsive</u>	<u>Entrenched</u>	<u>Enslaved</u>
	←	Bible Study, Prayer, Engaging at Church, Accountability, Elder Counsel			→
Reading/ Discussion	<ul style="list-style-type: none"> • What does an Overcoming Christian Life Look Like? • Singleness and Sexuality • Keys to Accountability • True Guilt False Guilt • Parental Education on sexuality • Compassion Without Compromise (PowerPoint) (SSA) 	<ul style="list-style-type: none"> • 10 Tips for Maintaining Sexual Integrity • Sex is Not the Problem (Lust Is) by Josh Harris (S.G.) • 7 Principles of Highly Accountable Men by Mark Laaser • Finding Your Path workbook (SSA) 	<ul style="list-style-type: none"> • Faithful and True Workbook • Taking Every Thought Captive by Mark Laaser • Your Brain on Porn (Cov. Eyes) • Desires in Conflict by Joe Dallas (SSA) • Restoring Sexual Identity by Anne Paulk (SSA) 	<ul style="list-style-type: none"> • Healing the Wounds of Sexual Addiction by Laaser 	
Audio/Video	<ul style="list-style-type: none"> • Striving for Sexual Purity Video-Scribes • Keys to Accountability Podcast 	<ul style="list-style-type: none"> • Striving for Sexual Purity Video-Scribes/Podcasts 	<ul style="list-style-type: none"> • Sexual Addiction podcast series 		
Mentoring		<ul style="list-style-type: none"> • Striving for Purity Discussion Aids with Acct. partner(s) • Apostolic Christian Way of Purity Lite 	<ul style="list-style-type: none"> • Apostolic Christian Way of Purity • Support Group engagement 	<ul style="list-style-type: none"> • Apostolic Christian Way of Purity • Support Group engagement 	
Counseling		<ul style="list-style-type: none"> • Marriage Counseling (EMA) 	<ul style="list-style-type: none"> • Intensive at ACCFS • Licensed Counseling for individual/copule • Sexual Identity Therapy Counseling (SSA) • Group Counseling 	<ul style="list-style-type: none"> • Intensive at Faithful/True (MN) • L.I.F.E. Recovery Guide Support Group • Group Counseling • Marriage Counseling 	<ul style="list-style-type: none"> • The Meadows Residential (AZ)

This document is updated as new resources become available. Last updated: 8/31/16

Note: The interventions are cumulative. An “enslaved” person should employ all interventions
SSA = Same Sex Attraction EMA = Extramarital Affair

