Navigating Sex Education with your Children: An Ongoing Discussion

Who should be teaching our children?

Deuteronomy 6:7 “And thou shalt teach them diligently unto thy children, …”

➢ A central role of parenting is teaching.
➢ Your children will learn about sex. There is an open seat at the head of the table waiting for us.
➢ You can do this.

Why does this need to be talked about?

➢ God has a message about sex and it is good.
➢ To help protect our children.
➢ “Absence” of information communicates a message.

When should you talk to your children?

The right time is RIGHT NOW!

➢ Start with basics and build early and often.
➢ Consider it a Process and not just one Conversation.

Proverbs 22:6 “Train up a child in the way he should go: and when he is old, he will not depart from it.”

What to teach?

➢ He made them male and female.
➢ God’s design for their bodies.
➢ Psalm 139:14 “I will praise thee; for I am fearfully and wonderfully made: …”
➢ God created sex and sees it as good.
➢ Why follow God’s Design: Joys and Sorrows

5 Questions To Consider

Who: accepts the teaching responsibility?
Why: does this need to be shared and developed?
When: should talking to your children occur?
What: to teach?
How: to engage the topic?
**How: do engage the topic?**

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A solid relationship with your child will be necessary to engage these conversations.

**Resources**

- *God’s Design for Sex* by Stan and Brenna Jones
- How and When to Tell Your Kids About Sex: (Parent’s Guide)
  - Book 1: *The Story of Me* (ages 3-5)
  - Book 2: *Before I Was Born* (ages 5-8)
  - Book 3: *What’s the Big Deal* (ages 8-11)
  - Book 4: *Facing the Facts* (ages 11-14)
- *God Made All of Me: A Book to Help Children Protect Their Bodies* by Justin S. Holcomb and Lindsey A. Holcomb
- *Interviewing Your Daughter’s Date* by Dennis Rainey
- *I Kissed Dating Goodbye* by Joshua Harris