

# Do you want to be made whole?

How ready is an individual for healing? Sometimes individuals want to be without a vice but only because of the negative consequences the vice brings them or because they know they should be without it. Jesus asked the cripple at the pool of Bethesda, “*Wilt thou be made whole?*” (John 5:6) This was not a trite insignificant question. Healing was tied to his “wanting.” Though not the only determination of complete healing, the “wanting” is a critical component if steps toward overcoming are to be made. The below questions are meant to help ascertain an individual’s motivation for healing.

Answer the following questions on a scale from 1 to 10:

1. How ready are you to tackle your issue with whatever it takes and for however long it takes?

(1 = not ready, 10 = very ready)

1      2      3      4      5      6      7      8      9      10

2. How much hope do you have in change? (1 = no hope, 10 = full and certain hope)

1      2      3      4      5      6      7      8      9      10

3. To what degree are you afraid of life without this vice? (1 = very afraid, 10 = not at all afraid)

1      2      3      4      5      6      7      8      9      10

4. Do you want to be made whole? (1 = not at all, 10 = absolutely yes)

1      2      3      4      5      6      7      8      9      10

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