

# Consent For Treatment

## **You should feel free to:**

- Actively set your goals for counseling.
- Contribute to and refine the treatment plan used by your counselor.
- Ask any questions about your mental health condition and the therapeutic techniques being used to address it.
- Express your opinions (both positive and negative) about your therapist's suggestions.
- Ask about all treatment choices that are available to you.
- Give or withhold your permission, in writing, for your therapist to communicate with anyone outside the therapy relationship.
- Ask for a referral if, at any time, you do not believe you're getting the help you need.

## **You have the right to:**

- Choose among various treatment options that can be used to deal with your issues.
- Know the risks and benefits of any counseling techniques used in your treatment.
- Know the clinical guidelines used in providing and managing your care.
- Know your counselor's education/training, licensure, and clinical specialties.

## **We, in turn, expect:**

- You will arrive for your appointments on time.
- You will be open and candid with your therapist. You have a responsibility to give your counselor information needed so you can receive the best possible care.
- You will let your counselor know when the plan of treatment no longer works for you.
- You will ask questions about your care so you can better understand your counselor's role in that care.
- You will follow the plan and instructions for care, as agreed upon between you and your counselor.

**BY ENTERING INTO THIS COUNSELING ARRANGEMENT YOU GIVE CONSENT TO BE TREATED BY YOUR COUNSELOR. FAILURE TO FOLLOW THE GUIDELINES STATED ABOVE WILL COMPROMISE YOUR TREATMENT AT ACCFS AND MAY MEAN YOUR CASE WILL BE TRANSFERRED TO A COUNSELOR OUTSIDE OF ACCFS.**

\_\_\_\_\_  
Signature of Client or Parent/Guardian

\_\_\_\_\_  
Date

Revised 4/9/12

**APOSTOLIC CHRISTIAN  
Counseling and Family Services**

*Helping the hurting. Nurturing hope. Encouraging growth.*

515 E. Highland Street, Morton, IL 61550  
Phone: (309) 263-5536 | [www.accounseling.org](http://www.accounseling.org)